

Breastfeeding Support in Your Area

June 2010
 Caroline Wiggins
 Goodwin Breastfeeding Peer Support Coordinator

Goodwin Breastfeeding Peer Support Service (city wide)
 Helpline 8am-10pm 07980731013
breastfeeding@goodwin-centre.org



UK BABY FRIENDLY INITIATIVE



West Hull

Ainthorpe Children's Centre 01482 351420
 Breastfeeding Support Drop-In group Friday's 1-3pm

Marvell House Children's Centre 01482 313850
 Baby Time, Wednesday 1.30-3pm

Goodwin Volunteer Doula Project (city wide)
 Fenchurch Street Children's Centre 01482 497811
 (Peer Supporter -Holly)

Wheeler Street Children's Centre (Rainbow) 01482 502466

North Hull

Lemon Tree Children's Centre
 Lindsey Stamp/Hayley Calcutt/Elaine Warhurst
 Mon-Fri 8-6pm 01482 828901

The Parks Children's Centre 01482 803978
 Breastfeeding Support Group drop-in Friday's 10-12pm
 (Peer Supporter -Danielle)

Bude Children's Centre (Sharon Igoe) 01482 318590

Dorchester Children's Centre (Mel Richards) 01482 825207

East Hull

The Acorns Children's Centre Breastfeeding Support Club
 Monday's 1.30-3pm (Peer Supporter -Lisa) 01482 708953

Marfleet Children's Centre 01482 705333

Longhill Children's Centre 01482 702456
 (Peer Supporters - Vicky & Amanda)

Ings Children's Centre 01482 718333
 (Peer Supporter -Abby)

Little Stars Children's Centre (Caroline Wiggins) 01482 790277



East Riding of Yorkshire

East Riding and North Lincolnshire

Mummy's Nectar (Hessle)
 Meet at 'Home Farm', Ferriby Road
 Monday's 10.30-12 Noon
 Helpline: 01482 335176

Goole Baps
 Drop-in at Kingsway, Goole Children's Centre
 Friday's 1.30-2.30 (term time only)
 Call Vicky: 01405 768953/0774354640

Suckles (Hedon / Withernsea)
 Support Line: 07772 275756
 Support Groups: Thursday 10-11.30 Withernsea Children's Centre
 Friday 10-11.30 Rosedale community Unit, Preston

Honeysuckle Centre (Bridlington) 01262 676072 (Mon-Fri 9-3)
 Drop-in group Friday's 1-3pm
 Out of Hours support (8am-8pm) (Bridlington women only) 07811 894997 (Maureen Hickson)

Brough Bosom Buddies:
 01482 669474 (Brough Children's Centre) Drop-in: Tues 9.30-11.30am

Barton Children's Centre
 01652 637766
 Drop-In Wed's 10-11.30

Beverley Bibs
 Helpline: 07908459585
 Drop in -Thursday's 9-10
 (Beverley Children's Centre)

Cottingham Children's Centre
 01482 845636
 Drop-in Mon 9.30-11.00

National Numbers

(you do not need to be a member to contact these groups)

National Childbirth Trust: www.nctpregnancyandbabycare.com
 Breastfeeding Support Line: 03003300771

Association of Breastfeeding Mothers: www.abm.me.uk
 08444122949 (24hr)

La Leche League: www.laleche.org.uk
 08451202918 (24 hr)

Breastfeeding Network: www.breastfeedingnetwork.org.uk
 03001000210 (English)
 03004562421 (Bengali/Sylheti)

National Breastfeeding Helpline: 03001000212 (9.30am-9.30pm)